



VEGETARIAN BREAKFAST MENU

Bore Da! Good Morning! Please help yourself to the buffet selection

CEREALS

Cornflakes, Weetabix, Muesli, Kellogg's variety boxes, homemade gluten free granola – made with Pontyclerc honey – all served with organic Welsh milk

CHOICE OF FRUIT JUICES

ORGANIC BIO LIVE YOGHURTS (NATURAL AND FRUIT VARIETIES)

DRIED FRUIT AND MIXED SEEDS

FRESH FRUIT

Hot Food – cooked to order or arranged in advance

HOT PORRIDGE

with homemade preserves or Pontyclerc honey

or

VEGETARIAN BREAKFAST

locally sourced eggs, Linda McCartney's vegetarian sausages, mushrooms, baked beans, roasted vine tomatoes or tinned tomatoes, hash browns

or

WELSH VEGETARIAN BREAKFAST

locally sourced eggs, Glamorgan sausages, mushrooms, baked beans, roasted vine tomatoes or tinned tomatoes, hash browns

or

VEGGIE SAUSAGE SANDWICH

Two slices of bread, two Linda McCartney's vegan sausages
with choice of condiments

or

YOUR CHOICE OF EGGS ON TOAST

or

OMELETTE

made with 3 eggs, can be served as it is or with cheese, mushrooms or herbs

or

CLASSIC FRIED EGG SANDWICH

served on buttered bread and served with your favourite sauce

or

2 BOILED EGGS

cooked to your requirements served with soldiers

Toast (white or brown) with a selection of homemade preserves
and marmalade, Welsh butter and Pontyclerc honey

Hot Beverages

Coaltown coffee

Welsh Brew tea

Earl Grey tea

Fruit or mint tea

Decaff tea or coffee