

St Giles House

HOTEL TERRACE & SPA

Continental Breakfast

*Fresh Fruit salad, Dried Fruits & Nuts, Cereals & Muesli, Fresh Yogurts, Marmalade, Jams and Spreads
Selection of Breads, Cooked and Cured Meats, Continental Cheeses
Selection of Teas, Cafetier Coffee, Hot Chocolate and Fresh Fruit Juices*

Full English Cooked Breakfast

Eggs of your choice with a combination of the following: Bacon, Local Sausage, Black Pudding, Roasted Vine Tomatoes, Hash Brown, Flat Mushroom and Baked Beans

Vegetarian Cooked Breakfast

Eggs of your choice with a combination of the following: Vegetarian Sausage, Roasted Vine Tomatoes, Hash Browns, Flat Mushroom and Baked Beans

Eggs Royale

Toasted Muffin, Poached Egg and Smoked Salmon with Hollandaise Sauce

Eggs Benedict

Toasted Muffin, Poached Egg and Parma Ham with Hollandaise Sauce

Eggs Florentine

Toasted Muffin, Poached Egg with Spinach and Hollandaise Sauce

Smashed Avocado and Poached egg

on Sourdough Toast

Local Smoked Salmon with Scrambled Egg

Freshly Made Porridge

Continental £4.95 Cooked Breakfast £9.95 Extras are available upon request at **50p per item**

Food Allergies and Intolerances – All of our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Please ask a member of staff if you require assistance. We always do our best to accommodate any special requests or dietary requirements you may have. Please don't hesitate to ask!

All of our ingredients are fresh & locally sourced-

Free range Meat from the award winning Archer's Butchers, Norwich. Salmon is sourced from Coles of King's Lynn. Free Range Eggs, Mushrooms & Tomatoes are from Easter's of Norwich

Finest Bread from the Crusty Corner Bakery, Norwich